



Ligtas Brochure

Turning compliance into peace of mind. Because being compliant doesn't always mean being safe.





Explore Ligtas

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Practical Safety Expertise Built Around People

Good health and safety should make work **better for everyone**. It should protect people, give leaders peace of mind, and help organisations grow with confidence.

For more than thirty years, Ligtas has supported organisations across the UK to build safer, smarter workplaces with health and safety expertise and training solutions.

Our consultants and trainers combine real-world experience with clear communication so you can manage risk, protect your people, and stay confident that the right controls are in place.

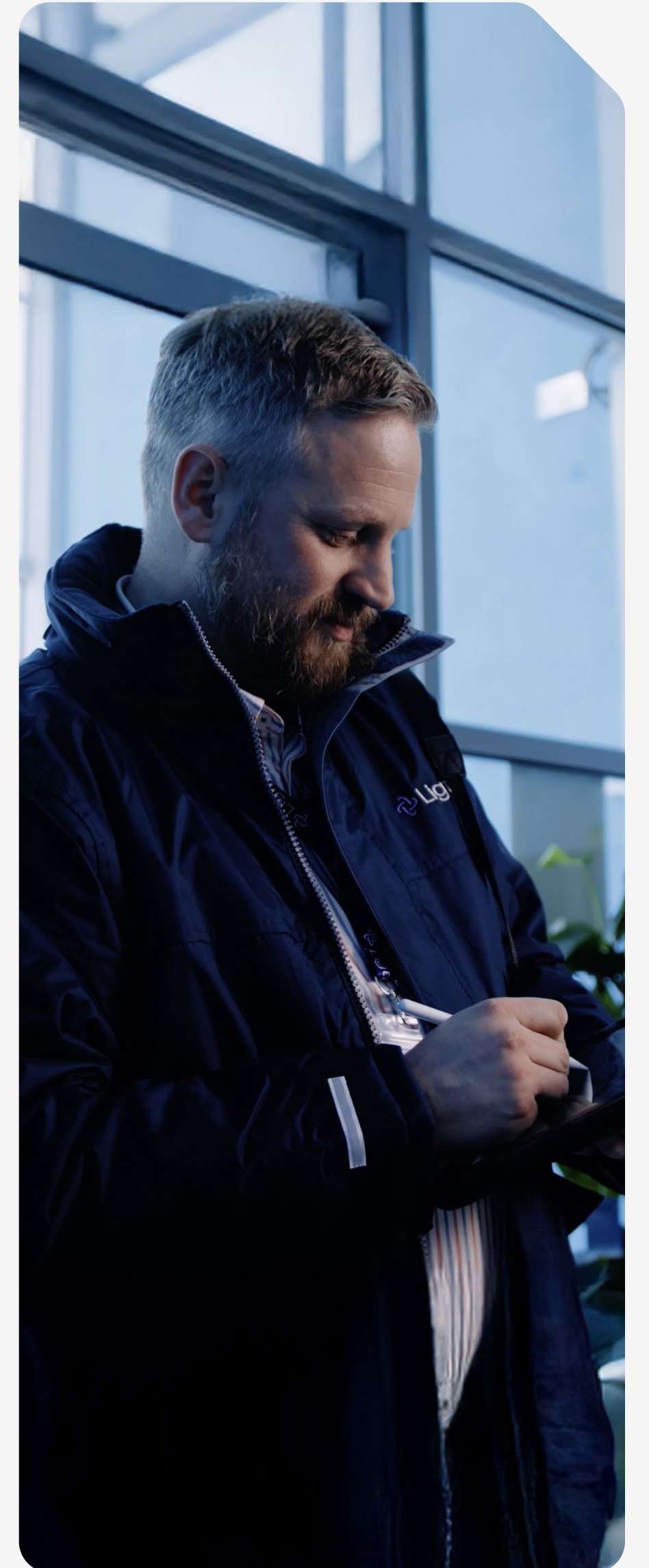
Safety beyond compliance

We go beyond compliance - because being compliant isn't always the same as being safe.

Compliance proves you have systems; safety proves those systems work — morally, legally, and culturally. It means leaders can sleep at night knowing they've done everything possible to keep people safe, and teams can go home unharmed at the end of the day.

Every partnership begins with understanding

We listen first, learn how you operate, and design support that fits naturally into your teams and routines. We connect consultancy, accredited training, and competent person support into one practical approach.





For our clients, what good looks like is simple.



Clarity

Everyone knows their role in keeping people safe.

Confidence

Leaders trust their systems and can focus on the big picture, knowing H&S is under control.

Care

A culture where safety is lived, not just logged.

Whether you need a full compliance review, targeted training for managers, or a long-term safety partner, you'll find the same aim throughout our work:

- **Practical Actions**
- **Real Protection**
- **Genuine Peace of Mind**



Who We Are

Ligtas helps organisations move from box ticking compliance to proactive safety leadership.

We combine real-world expertise, tailored consultancy, and accredited training to create safer workplaces, stronger cultures, and long-term confidence in compliance.

What this means for you

You get practical support that fits how your people actually work. We turn legislation and guidance into clear controls, sensible routines, and training that sticks. Leaders gain peace of mind.

Teams know what good looks like and how to achieve it. The result is safety that holds up in real life, not just on paper.

Where risk often hides

Many organisations are exposed without realising it. Common gaps include:

- Treating certificates as proof of safety rather than proof of process
- Training that is generic and not tied to real tasks or equipment
- Actions raised in audits that are not closed or tracked
- Records that are incomplete, inconsistent, or hard to evidence
- No named competent person, or a person without the right support
- Procedures written from templates that people do not follow
- Little consultation with workers, so issues go unreported

How we do it better

Our approach joins the dots so safety becomes lived, not logged.

- **Consult:** Assess risk, identify controls, and set priorities you can act on now and next
- **Train:** Deliver accredited and bespoke training linked to your findings and tasks
- **Maintain:** Monitor, review, and refresh so compliance stays live and measurable
- **Make it visible:** Clear documentation, simple evidence packs, and clean audit trails
- **Improve culture:** Involve workers, encourage reporting, and celebrate good practice



What Makes Ligtas Different?

Ligtas delivers safety that works in the real world, helping organisations go beyond compliance to build cultures of confidence, accountability, and care.

1

Human-first, partnership led approach

Ligtas doesn't act like an auditor; we act like a partner. Every client gets a dedicated Account Manager and a team that listens first, then builds bespoke solutions aligned with their goals.

2

Expertise you can trust

With over 30 years of experience, a national footprint, and multi-accredited services, we provide confidence that every recommendation is grounded in deep technical knowledge and industry best practice.

3

Integrated consultancy and training

Ligtas bridges the gap between compliance advice and behavioural change. Consultancy and training are designed to work hand-in-hand, ensuring clients don't just meet legal obligations but embed safer practices across their organisation.

4

Technology that simplifies safety

Through digital tools like PropertyPlus, LMS dashboards, and data integration with client systems, Ligtas makes compliance visible, manageable, and measurable, saving time while strengthening accountability.

5

Sustainability and social value built in

From virtual training and hybrid working to electric vehicles and community partnerships, Ligtas champions responsible, sustainable operations that make a real-world difference.

6

A positive, empowering culture

Internally and externally, Ligtas leads with engagement and empowerment, encouraging ownership, celebrating growth, and seeing safety as a shared purpose, not a penalty.

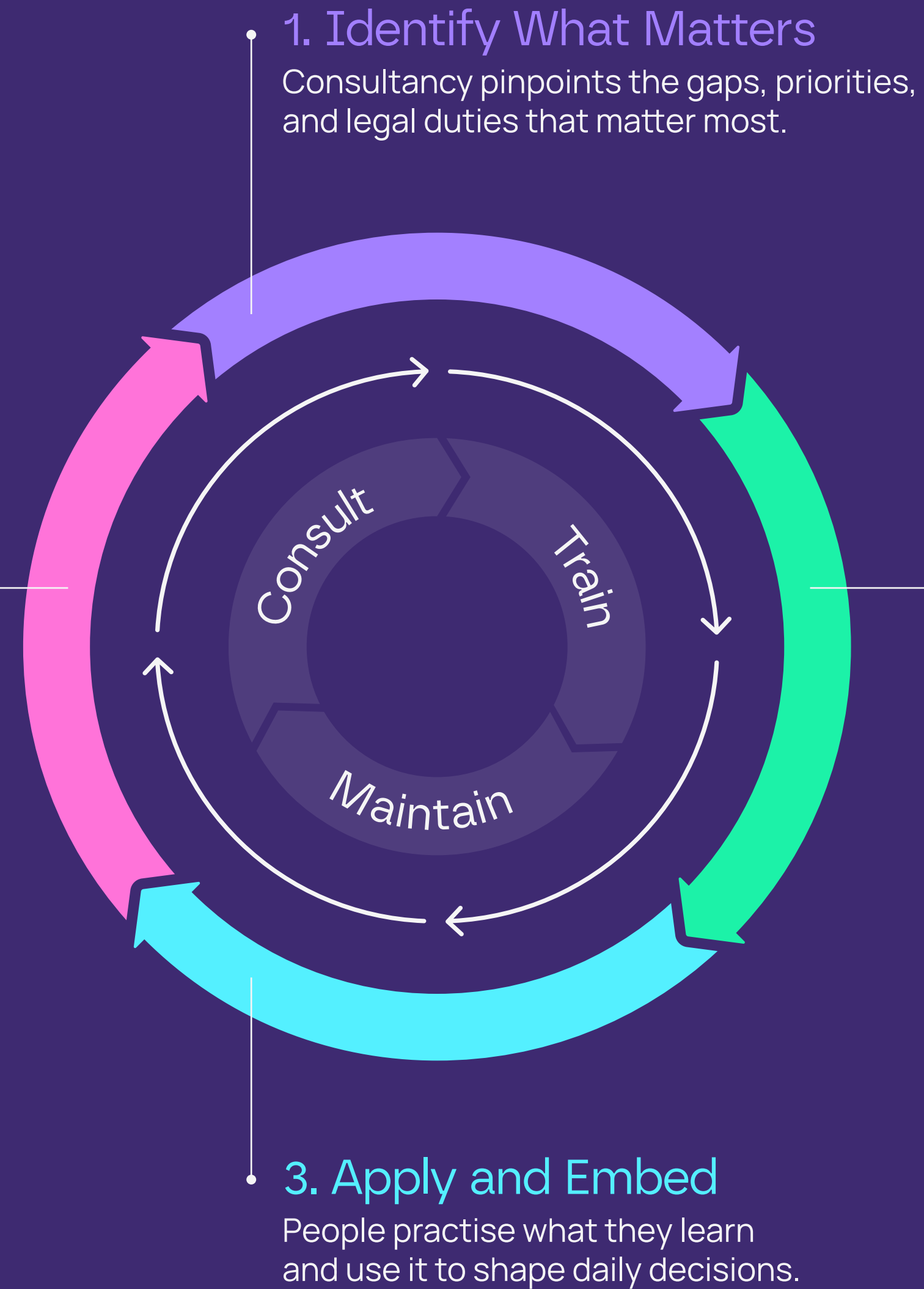


Our Approach

This approach closes the gap between knowledge and behaviour.

It also reduces repeat audit actions, improves course completion rates, and builds confidence from boardroom to frontline.

4. Review and Refine
Consultancy revisits outcomes and supports continuous improvement.





Our Services

1

Health and Safety Consultancy

Insight, clarity, and expert guidance to help you stay compliant and confident

We assess risks, design improvement plans, and support leaders in building lasting safety cultures.

2

Competent Person Support

Named, qualified support when you need someone to take responsibility for compliance.

Ideal for growing teams, interim cover, or organisations preparing for audits or tenders.

3

Fire Safety

Fire risk assessments, strategies, and evacuation planning carried out by experienced assessors.

From fire door inspections to compliance reviews, we help you reduce fire risks and evidence control.

4

Legionella Management

Comprehensive support for Legionella control.

We deliver risk assessments, written schemes, sampling, and monitoring for estates and facilities teams.

5

Training and Learning

Accredited learning designed for how people actually work.

We're a NEBOSH Gold Learning Partner and an IOSH Approved Training Provider, offering everything from short courses to advanced qualifications.



Health & Safety Consultancy



Strong safety performance begins with understanding what's **really happening** in your organisation.

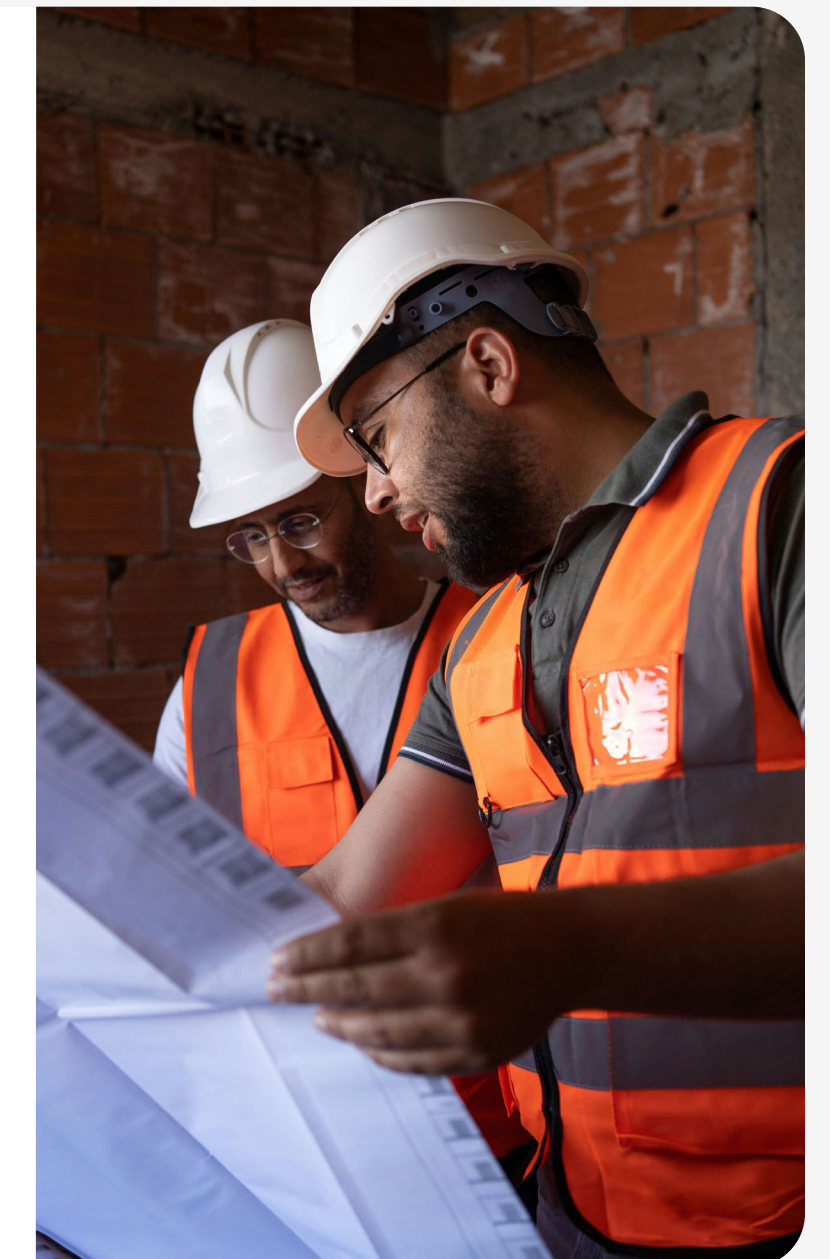
Our consultants bring years of experience across industries – helping you see what's working, what needs attention, and how to strengthen your systems for the long term.

We focus on practical steps that protect people and build trust with auditors, insurers, and clients. Every recommendation is designed to be achievable, measurable, and aligned with how your teams actually work.

From one-off reviews to ongoing partnerships, we help you create safer workplaces and clear evidence of compliance.

What we deliver

- Independent health and safety audits and gap analyses
- Risk assessments and improvement planning
- Policy and procedure development
- Behavioural safety and cultural reviews
- Management system design aligned with ISO 45001
- Action tracking and follow-up support
- Safety leadership coaching for managers and directors





Competent Person Support

Every employer has a legal duty to appoint a Competent Person, but real assurance comes from knowing your systems, people, and decisions are genuinely safe, not just compliant.

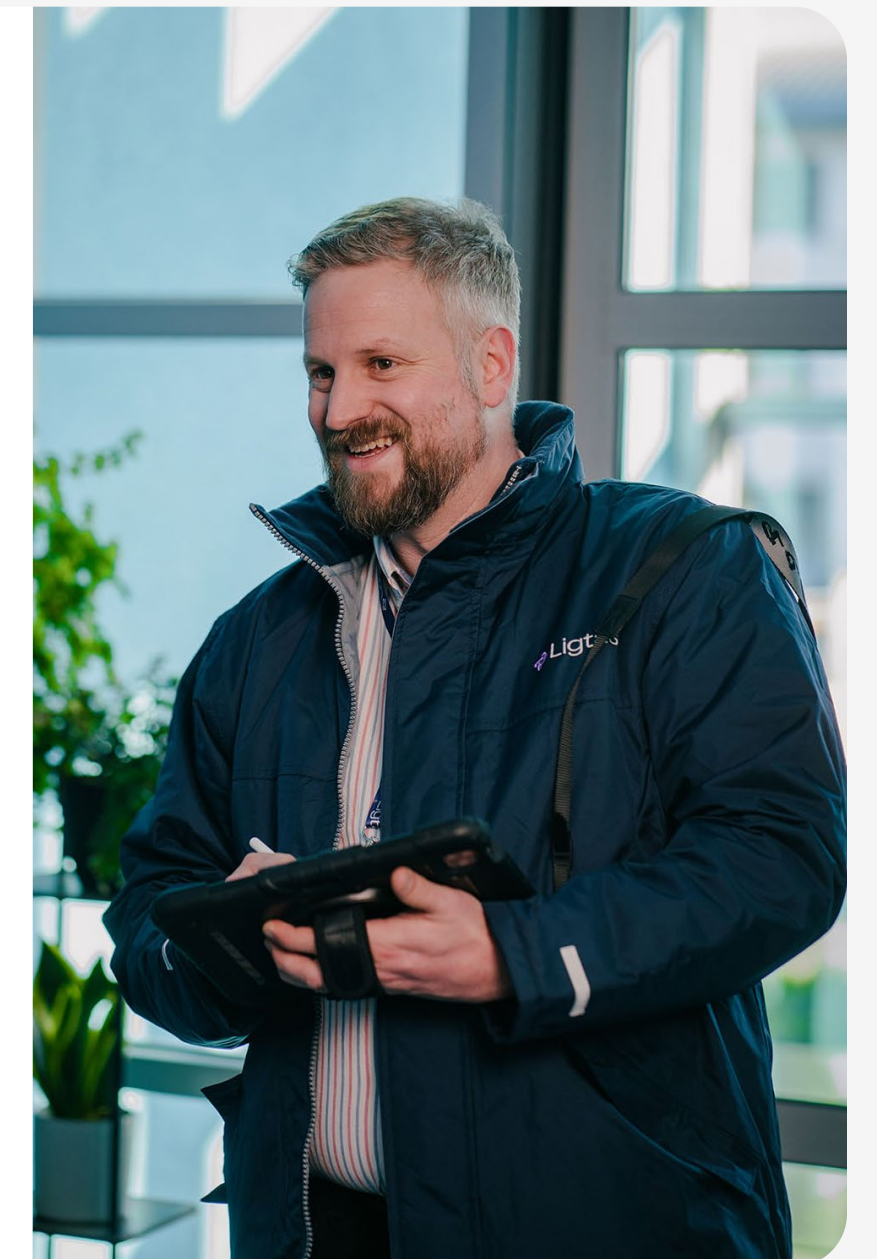
Our Competent Person service gives you both: confidence that your duties are covered today, and the capability to manage safety independently tomorrow.

We tailor support to your situation by providing named consultants who know your sites, your risks, and your culture. We can act as your Competent Person, mentor your in-house lead, or even help you recruit and train the right person for your team.

Because our goal isn't to stay forever, it's to help you build your own confidence and competence so you can wean off external support and sustain strong, self-led safety.

What's included

- A named consultant for your documentation and records
- Gap analysis and initial compliance review
- Regular updates on legal and regulatory changes
- Guidance on policies, risk assessments, and action plans
- Mentoring and coaching for in-house safety leads
- Attendance at meetings, audits, or inspections as needed
- Practical templates, tracking tools, and ongoing advice





Confidence Through Competence

1 Understand your setup → Review current systems, documentation, and responsibilities.

2 Fill the gaps → Address missing elements and clarify accountability.

3 Build capacity → Support your internal team with mentoring and practical tools.

4 Stay proactive → Keep you informed about legal updates and changes in best practice.

Who it helps

- Growing organisations without a full-time safety lead
- Teams preparing for audits, tenders, or certifications
- Businesses with staff changes or temporary gaps in coverage
- HR or Operations leaders balancing multiple responsibilities

This is about trust, not dependency. We're here to build the confidence, structure, and skills that keep you safe long after we've stepped back.

"Our assigned Competent Person helped us achieve great compliance and supported us in embedding safer systems of work."

- Facilities Manager, Biotech Manufacturer



Fire Safety



Our assessors and consultants help you understand the risks, meet your legal duties, and create environments where people feel safe to work and visit.

We carry out comprehensive fire risk assessments, develop fire strategies, and provide guidance on everything from evacuation routes to compartmentation. Every recommendation is written in plain English and linked to a clear action plan.

Our goal is simple; protect people, property, and peace of mind.

What's included

- Fire risk assessments in line with current legislation
- Fire safety management plans and documentation
- Fire strategy development for complex buildings
- Evacuation planning and procedures
- Fire door and compartmentation surveys
- Review of maintenance and testing regimes
- Training and awareness sessions for responsible persons





Prevention, Protection, and Practical Assurance

- 1 Assess** → Review the site, identify hazards, and evaluate control measures.
- 2 Prioritise** → Provide clear, ranked actions that match your level of risk.
- 3 Support** → Assist with remediation, documentation, and staff awareness.
- 4 Revisit** → Follow up to confirm completion and maintain compliance.

“The main benefit of using Ligtas is their adaptability. We go to them with a problem, and Ligtas helps us find a solution. Our life has been made easier by having a provider who listens and responds, which gives us peace of mind.”

- Head of Health & Safety, Managing Agent

Who it helps

- Employers and duty holders responsible for workplace safety
- Property managers and landlords with multi-site portfolios
- Construction and facilities teams preparing for audits
- Organisations seeking to align with ISO 45001 or BAFE standards

You'll receive reports that are visual, actionable, and accepted by insurers, auditors, and enforcement bodies.



Legionella Risk Management Services



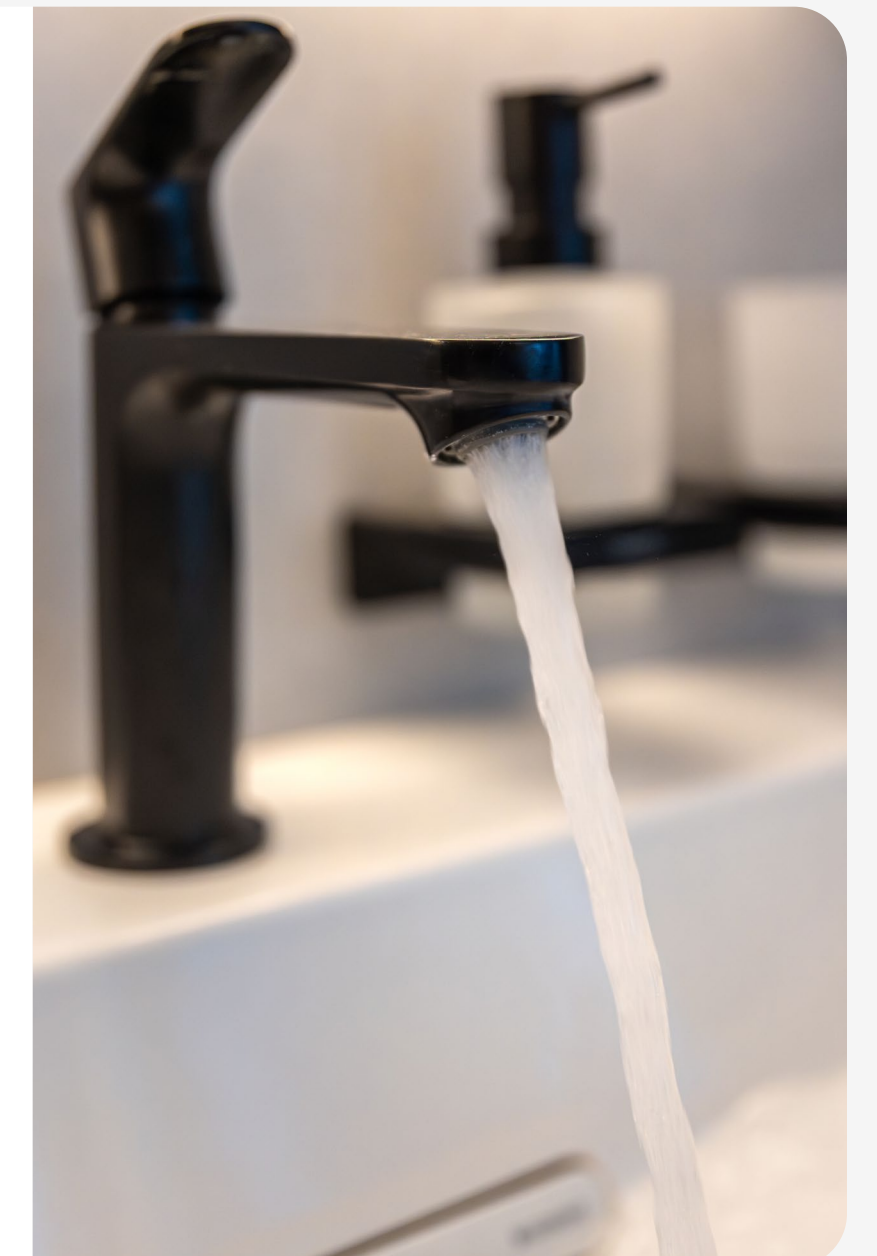
Water systems can carry hidden risks – and Legionella bacteria thrive where control slips. Our role is to help you manage that risk **with confidence**.

Everything we deliver meets the requirements of ACoP L8, so you can be sure your systems, people, and responsibilities are covered.

We translate complex guidance into clear, workable solutions for duty holders, landlords, facilities managers, and responsible persons in meeting their legal obligations and implementing best practices for water hygiene and Legionella control.

What's included

- Legionella risk assessments compliant with ACoP L8
- Legionella Written Schemes & Water Safety Plans
- Health Checks & Compliance Audits
- Legionella Sampling & Water Monitoring
- Pseudomonas Risk Assessments





Control Risk. Protect Health. Stay Compliant.

1 Access thoroughly → Identify system types, risk points, and control measures.

2 Plan clearly → Create a written scheme that fits your premises.

3 Implement safely → Guide your team through monitoring and record keeping.

4 Review regularly → Provide updates and re-assessments to maintain compliance.

Who it helps

- Property and estates teams managing multiple sites
- Facilities managers responsible for building safety
- Duty holders under ACoP L8

Our consultants work closely with your team to make sure control measures are understood, followed and easy to maintain.

“With Ligtas, we have a partner who understands our business and evolves with us, ensuring compliance remains a seamless part of our operations.”

- Head of Health & Safety, National Retailer



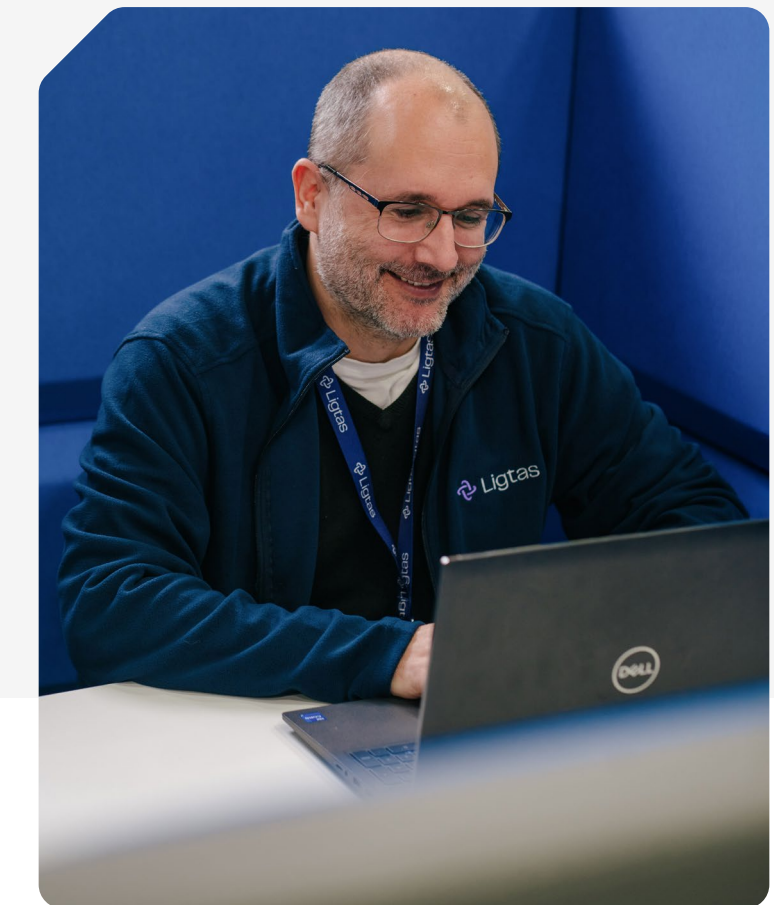
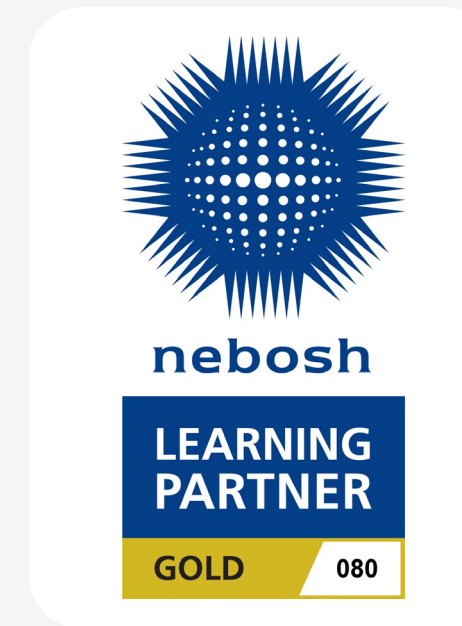
Health & Safety Training

Training should do more than tick a compliance box. It should change how people think, act, and work.

Ligtas delivers accredited and bespoke training through flexible formats; classroom, virtual, eLearning, and blended, designed to suit how your teams learn best. We're a NEBOSH Gold Learning Partner and IOSH Approved Training Provider, recognised for clarity, quality, and consistency.

But the difference lies in how we deliver and measure progress. We align training to real tasks, roles, and risks not generic modules.

Through our joined-up loop (**Consult • Train • Maintain**), training connects directly to your consultancy insights and ongoing compliance reviews.



What we offer

- **Accredited NEBOSH** courses for H&S professionals
- **IOSH** approved courses for workers, supervisors, managers and senior execs
- **Workplace courses** – a range of basic H&S awareness courses
- **Refresher training**
- **Flexible delivery options** – live virtual, eLearning, classroom and blended learning
- **Tailored training** - bespoke training courses and programmes combining tailored content and delivery options built around your industry, risks, and workforce



Flexible Delivery

Our training is available in three formats:

1 Virtual → Live tutor-led courses accessible from anywhere in the UK.

2 Classroom → Immersive, discussion-led sessions at client sites or Ligtas venues.

3 eLearning → Self-paced learning with support from our qualified tutors.

Many clients combine all three, creating blended programmes that reach every learner efficiently and consistently.

Why it works

Training has the greatest impact when it's linked to consultancy insight. Our consultants identify where risks and opportunities lie; our trainers turn that insight into practical skills and confident habits.

It's a continuous loop of learning and improvement that keeps safety meaningful and measurable.

“When training is built around what people face in their own roles, it changes behaviour and culture, not just awareness.”

- Andrew Regel, Technical Lead - Training

That's the difference between training that ticks a box and training that transforms the way people work.



Case Studies

Where Partnership Meets Performance

Across sectors and settings, our work delivers the same result; safety that's practical, proven, and built to last.

Here are three examples of how Ligtas supports clients to stay compliant, strengthen culture, and simplify safety management.

1

Managing Risk Across 1,000 Sites

Client: National Retailer

Services: Health and Safety, Fire and Training

Over two decades, our partnership has evolved to include a customised, technology-driven compliance solution.

Our fully managed service includes tailored health and safety audits, fire risk management and online training services.

Integration with the client's compliance hub via a bespoke API link ensures real-time monitoring of risk actions and audit results.

“With Ligtas, we have a partner who understands our business and evolves with us, ensuring compliance remains a seamless part of our operations.”

- Head of Health and Safety, National Retailer





2

20 years of safer properties

Client: Managing Agent – Commercial and Residential Properties

Services: Health and Safety, Fire & Training

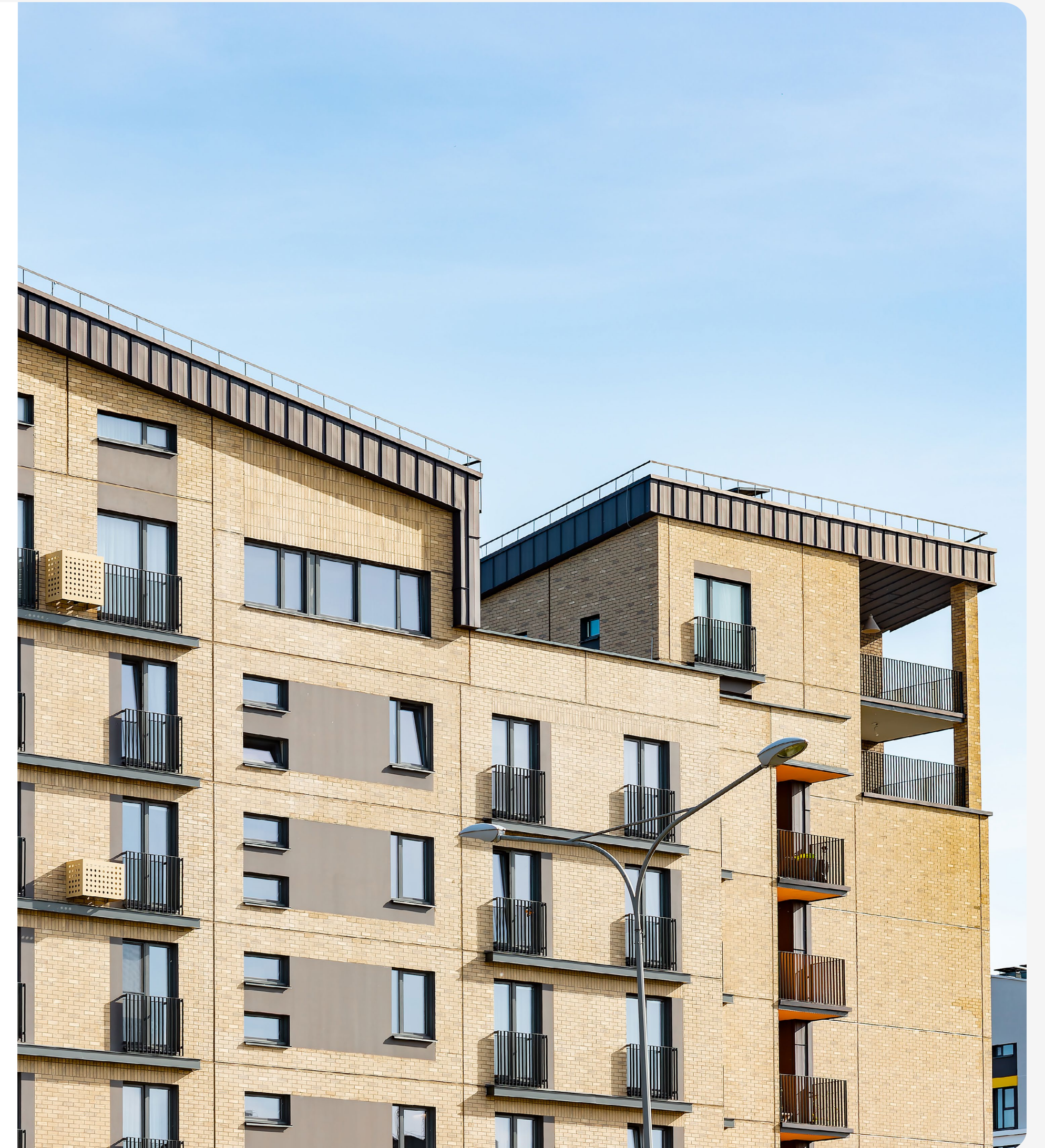
Ligtas has partnered with a leading UK managing agent for over 20 years, delivering nationwide health and safety, fire, and Legionella compliance across a large and complex property portfolio.

Through integrated consultancy, training, and bespoke software solutions, Ligtas has streamlined reporting, improved risk visibility, and ensured consistent compliance at scale.

An enhanced safety culture, operational efficiency, and stronger client confidence has supported the managing agent in securing new business and maintaining high standards.

“The main benefit of using Ligtas is their adaptability. We go to them with a problem, and Ligtas helps us find a solution. Our life has been made easier by having a provider who listens and responds, which gives us peace of mind.”

- Head of Health and Safety, National Managing Agent





3

Embedding Safety Culture in a Growing Manufacturer

Client: UK Manufacturing Organisation

Services: Consultancy, Competent Person Support, NEBOSH and IOSH Training

A manufacturer experiencing rapid growth wanted to strengthen internal ownership of health and safety.

Ligtas combined consultancy, Competent Person mentoring, and targeted training for managers to embed safety leadership at every level. Within months, the business saw stronger engagement, improved near-miss reporting, and fewer incidents.

“The training and support from Ligtas helped us build a stronger safety culture and gave our managers the confidence to lead.”

- Operations Director, Manufacturing Sector





Accreditations

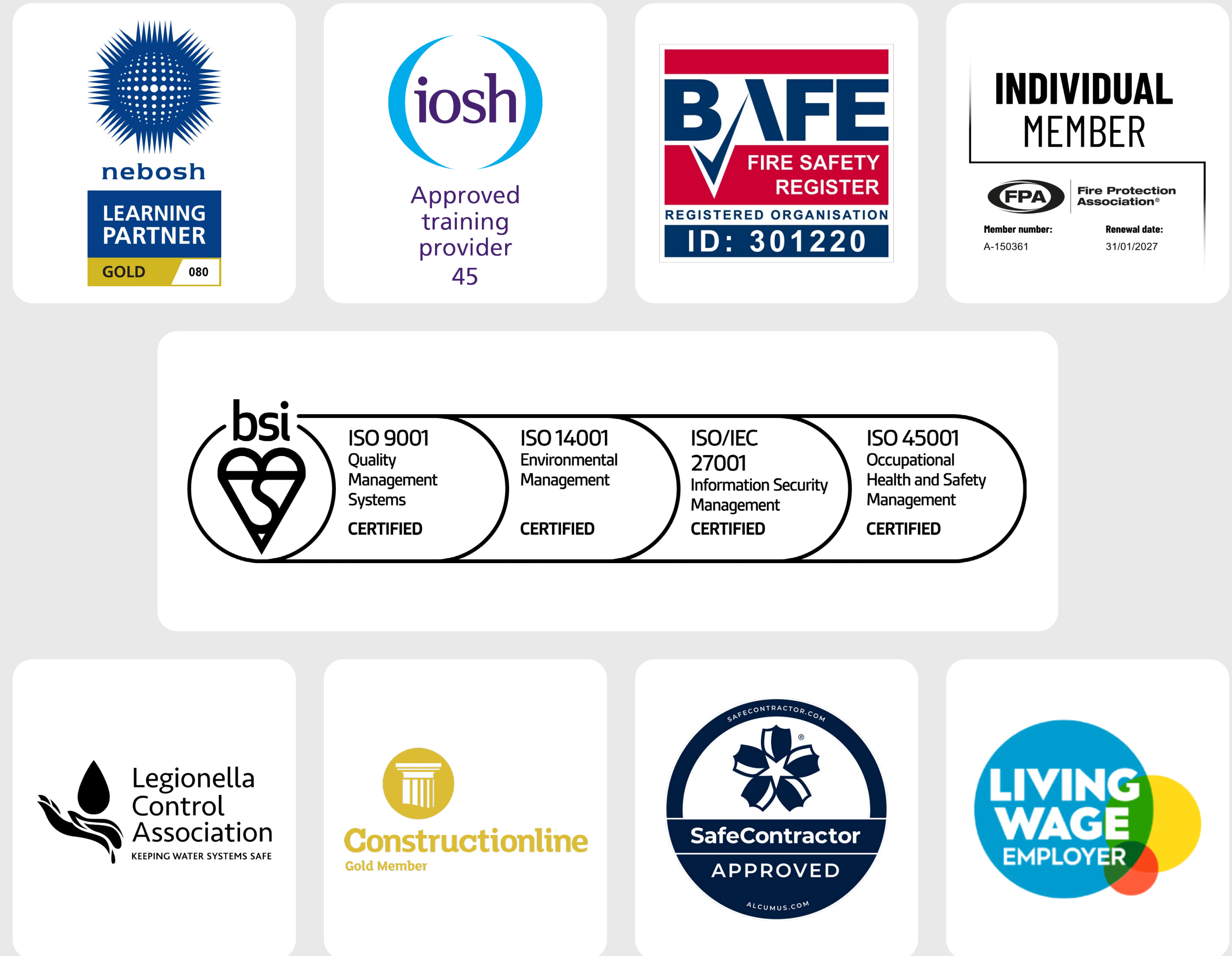
Ligtas works to nationally and internationally recognised standards for quality, safety, and training.

Each accreditation is independently assessed and regularly reviewed, so our clients can trust that the advice, reports, and training we provide meet the highest professional benchmarks.

Why this matters

These accreditations demonstrate our commitment to quality, environmental responsibility, and continuous improvement.

They assure our clients that every Ligtas consultant and trainer operates under systems that are independently verified and maintained to the same high standards we help others achieve.





Data That Drives Better Decisions

Safety management shouldn't rely on spreadsheets or guesswork.

Ligtas uses technology to connect every stage of the safety cycle, consultancy, training, and compliance. Our platforms don't replace people; they make their work visible, measurable, and easier to manage.

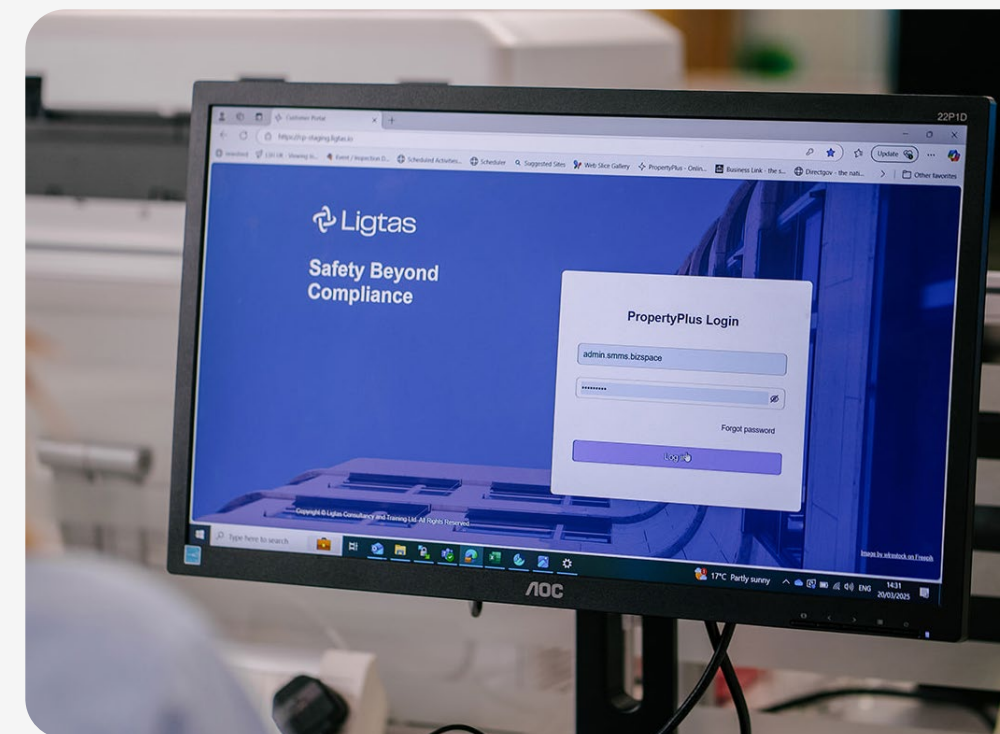
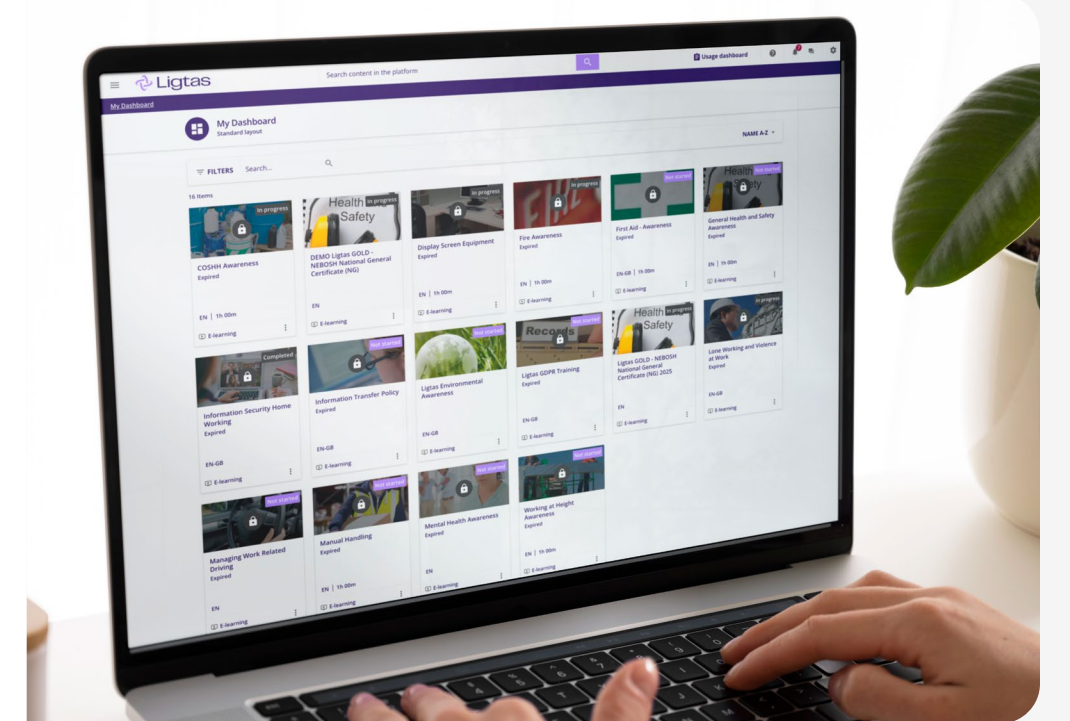
We can help clients:

- See their compliance status at a glance
- Track training progress and certification
- Identify recurring risks or patterns
- Measure return on investment in safety

This is what modern safety management looks like, continuous improvement built on clarity, not complexity.

→ Learning Management System (LMS)

Delivers eLearning courses and tracks management information including course completion and renewal dates so training never slips off the radar. Save certificates, policies and procedures here and use as your complete induction hub.

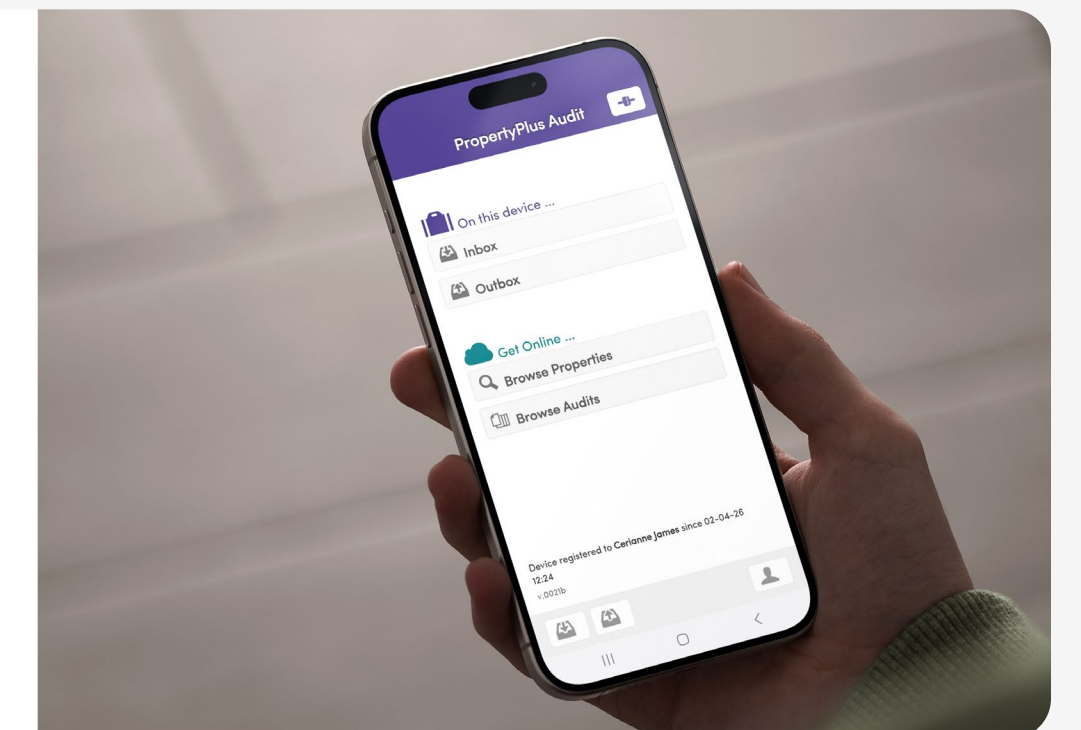


→ Property Plus

Our central client management system, used to schedule, record, and track consultancy and compliance activity across sites. It ensures that every action, report, and follow-up is visible and time stamped.

→ Audit App

A mobile inspection and reporting tool that ensures findings are captured instantly and consistently, wherever our consultants or your team are working.





Responsibility & Impact

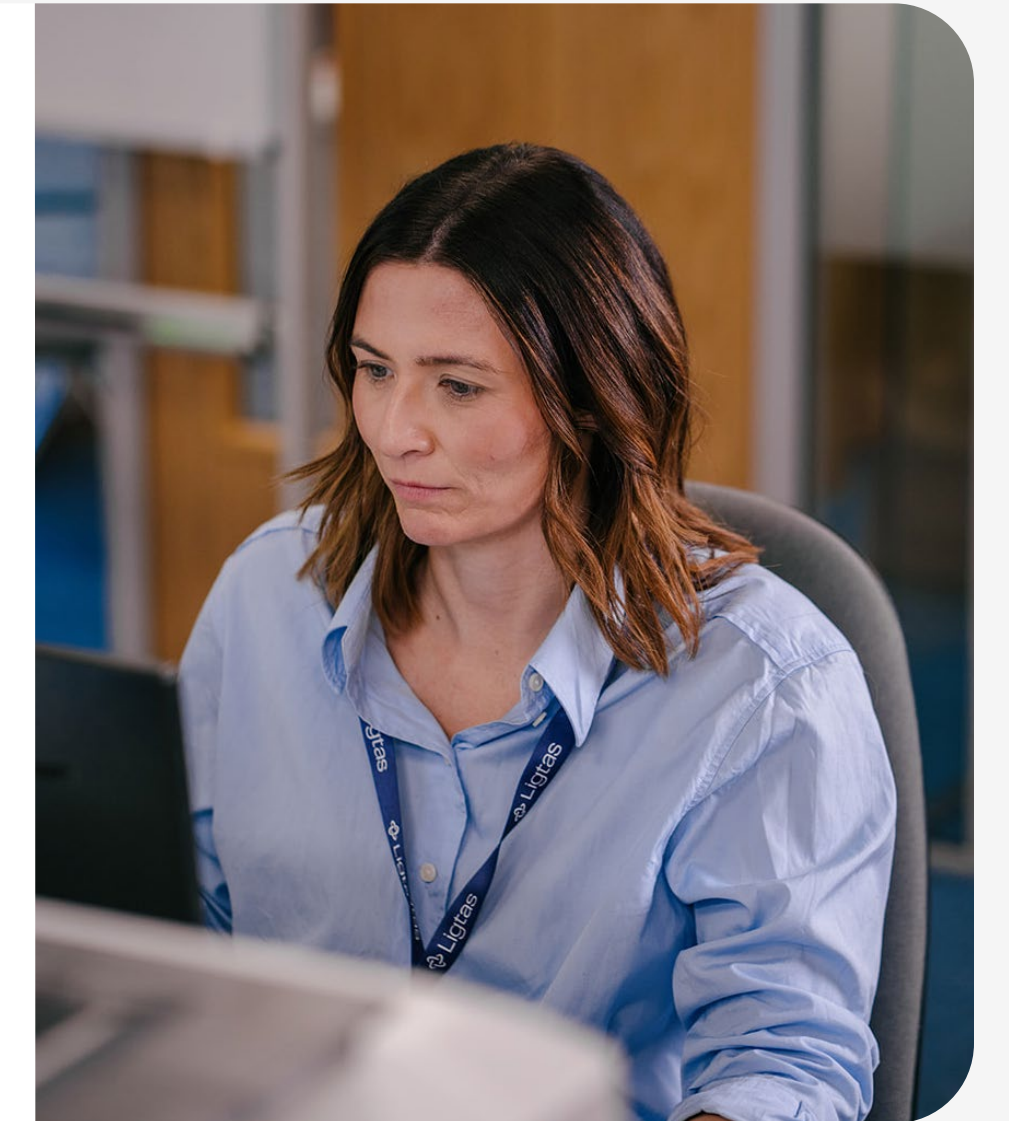
At Ligtas, responsibility isn't a slogan; it's part of how we work every day.

Our focus is on reducing our environmental footprint, supporting our people, and contributing positively to the communities we serve.

Environmental commitment

We operate an ISO 14001 Environmental Management System, which helps us set clear objectives for reducing waste and improving efficiency.

We minimise unnecessary travel by offering virtual consultancy and training wherever possible and by scheduling visits carefully to lower emissions. Digital reporting and paperless documentation are now standard practice across our business.



Community and social value

We believe in contributing to the wider community.

Our team recently took part in the Brecon Adventure Triathlon in support of the Alzheimer's Society, raising over £10,700 for dementia research and care.

We also support educational and early-careers outreach through initiatives that introduce young people to health and safety as a career pathway.



Let's Make Safety Simpler

If you'd like to strengthen compliance, improve culture, or just talk through your current setup, we're here to help.

Every partnership starts with a conversation; no pressure, no jargon, just practical support from people who know what good safety looks like.

Whether you're looking for a Competent Person, a trusted consultancy partner, or accredited training for your team, our experts will help you find the right starting point.



Follow us on LinkedIn or sign up to our Newsletter to stay up to date with insights, training opportunities, and webinars.



Safety is better when it's shared.

Let's start a conversation that makes your organisation safer, stronger, and ready for the future.



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